Formulario

Medida. Probabilidad de obtener a al medir el observable A en un sistema que se encuentra en el estado $|\psi\rangle$:

$$P_\psi(a,A) = \sum_{i=1}^{g_a} \left|\langle\phi_{ai}|\psi\rangle\right|^2 , \qquad A|\phi_{ai}\rangle = a|\phi_{ai}\rangle, \qquad i=1,\ldots,g_a\,, \qquad g_a = \text{degeneración de } a.$$

Momento angular: $J_\pm = J_1 \pm \mathrm{i}J_2$,

$$\mathbf{J}^2|jm\rangle = \hbar^2 j(j+1)\,|jm\rangle\,, \quad J_3 = \hbar m|jm\rangle\,, \quad J_\pm\big|jm\rangle = \hbar\sqrt{j(j+1)-m(m\pm1)}\;\big|j\;m\pm1\rangle\,.$$

Matrices de espín $s=\frac{1}{2}$. Para un vector unitario $\hat{\mathbf{a}}$ cualquiera,

$$\mathbf{S} = \frac{\hbar}{2}\boldsymbol{\sigma}\,, \qquad \sigma_x := \begin{pmatrix} 0 & 1 \\ 1 & 0 \end{pmatrix}, \qquad \sigma_y := \begin{pmatrix} 0 & -i \\ i & 0 \end{pmatrix}, \qquad \sigma_z := \begin{pmatrix} 1 & 0 \\ 0 & -1 \end{pmatrix}, \qquad e^{\mathrm{i}\theta(\hat{\mathbf{a}}\cdot\boldsymbol{\sigma})} = \cos\theta\,\mathbf{1} + \mathrm{i}\sin\theta\,(\hat{\mathbf{a}}\cdot\boldsymbol{\sigma}).$$

Autoestados de $\mathbf{S}_{\hat{\mathbf{n}}} = \mathbf{S}\cdot\hat{\mathbf{n}}$, con $\hat{\mathbf{n}} = (\sin\theta\cos\phi,\, \sin\theta\sin\phi, \cos\theta)$ dirección arbitraria en coordenadas esféricas:

$$\mathbf{S}_{\hat{\mathbf{n}}}|\phi_\pm\rangle = \pm\frac{\hbar}{2}\,|\phi_\pm\rangle \qquad |\phi_+\rangle = \begin{pmatrix} \cos\frac{\theta}{2} \\ e^{\mathrm{i}\phi}\sin\frac{\theta}{2} \end{pmatrix}, \qquad |\phi_-\rangle = \begin{pmatrix} \sin\frac{\theta}{2} \\ -e^{\mathrm{i}\phi}\cos\frac{\theta}{2} \end{pmatrix}, \qquad \langle\phi_\pm|\mathbf{S}_{\hat{\mathbf{n}}}|\phi_\pm\rangle = \pm\frac{\hbar}{2}\,\hat{\mathbf{n}}\,.$$

Matrices de espín $s=1$: $\quad S_x := \dfrac{\hbar}{\sqrt{2}}\begin{pmatrix} 0 & 1 & 0 \\ 1 & 0 & 1 \\ 0 & 1 & 0 \end{pmatrix}, \qquad S_y := \dfrac{\hbar}{\sqrt{2}}\begin{pmatrix} 0 & -\mathrm{i} & 0 \\ \mathrm{i} & 0 & -\mathrm{i} \\ 0 & \mathrm{i} & 0 \end{pmatrix}, \qquad S_z := \hbar\begin{pmatrix} 1 & 0 & 0 \\ 0 & 0 & 0 \\ 0 & 0 & -1 \end{pmatrix}.$

Armómicos esféricos:

$$Y_0^0(\theta,\phi) = \sqrt{\frac{1}{4\pi}}\,; \qquad Y_1^1(\theta,\phi) = -\sqrt{\frac{3}{8\pi}}e^{\mathrm{i}\phi}\sin\theta, \qquad Y_1^0(\theta,\phi) = \sqrt{\frac{3}{4\pi}}\cos\theta, \qquad Y_1^{-1}(\theta,\phi) = \sqrt{\frac{3}{8\pi}}e^{-\mathrm{i}\phi}\sin\theta.$$

Perturbaciones independientes del tiempo $H = H_0 + H_I$. **Niveles no degenerados** $H_0|\phi_n^{(0)}\rangle = E_n^{(0)}|\phi_n^{(0)}\rangle$:

$$E_n \simeq E_n^{(0)} + \langle\phi_n^{(0)}|H_I|\phi_n^{(0)}\rangle + \sum_{k\neq n}\frac{\left|\langle\phi_k^{(0)}|H_I|\phi_n^{(0)}\rangle\right|^2}{E_n^{(0)}-E_k^{(0)}}\,, \qquad |\phi_n\rangle \simeq |\phi_n^{(0)}\rangle + \sum_{k\neq n}\frac{\langle\phi_k^{(0)}|H_I|\phi_n^{(0)}\rangle}{E_n^{(0)}-E_k^{(0)}}\,|\phi_k^{(0)}\rangle\,.$$

Niveles degenerados $H_0|\phi_{ni}^{(0)}\rangle = E_n^{(0)}|\phi_{ni}^{(0)}\rangle$: Las correcciones $E_n^{(1)}$ son los autovalores de la matriz $\mathbb{H} = (H_{I,ij})$, con $H_{I,\,ij} = \langle\phi_{ni}^{(0)}|H_I|\phi_{nj}^{(0)}\rangle$.

Perturbaciones dependientes del tiempo $H = H_0 + V(t)$:

$$P_{i\to f}(t_0,t) \simeq \frac{1}{\hbar^2}\left|\int_{t_0}^{t} dt' e^{\mathrm{i}\omega_{fi}(t'-t_0)}\,V_{fi}(t')\right|^2, \qquad \omega_{fi} := \frac{E_f^{(0)}-E_i^{(0)}}{\hbar} \qquad V_{fi}(t') := \langle\phi_f^{(0)}|V(t')|\phi_i^{(0)}\rangle\,, \qquad f\neq i$$

Método variacional: $E_{\text{fund}} \simeq E(\lambda_{\min})$, con $E(\lambda) = \dfrac{\langle\psi_\lambda|H|\psi_\lambda\rangle}{\langle\psi_\lambda|\psi_\lambda\rangle}$.

Pozo infinito unidimensional de anchura a centrado en el origen:

$$\phi_n(x) = \sqrt{\frac{2}{a}}\,\cos\left(\frac{n\pi x}{a}\right), \quad n=1,3,5,\ldots; \qquad \phi_n(x) = \sqrt{\frac{2}{a}}\,\sin\left(\frac{n\pi x}{a}\right), \quad n=2,4,6,\ldots; \qquad E_n = \frac{\hbar^2\pi^2}{2ma^2}\,n^2\,.$$

Oscilador armónico unidimensional:

$$E_n = \hbar\omega\left(n+\frac{1}{2}\right), \quad a|n\rangle = \sqrt{n}\,|n-1\rangle \quad a^+|n\rangle = \sqrt{n+1}\,|n+1\rangle\,, \quad [a,a^+]=1,$$

$$a = \frac{1}{\sqrt{2}}\left(\alpha\,x + \frac{\mathrm{i}\,p}{\alpha\hbar}\right), \quad a^+ = \frac{1}{\sqrt{2}}\left(\alpha\,x - \frac{\mathrm{i}\,p}{\alpha\hbar}\right); \qquad x = \frac{1}{\sqrt{2}\alpha}\left(a+a^+\right), \quad p = \frac{\mathrm{i}\hbar\alpha}{\sqrt{2}}\left(a^+-a\right); \qquad \alpha = \sqrt{\frac{m\omega}{\hbar}}\,.$$

Atomo de hidrógeno: $\psi_{n\ell m_\ell} = R_{nl}(r)\,Y_\ell^{m_\ell}(\theta,\phi)$, $\quad E_n = -\dfrac{Z^2e^2}{(4\pi\epsilon_0)\,2a_0n^2}$, $\quad 4\pi\epsilon_0 = 1$ en unidades gaussianas.

Integrales útiles: $\displaystyle\int_{\infty}^{\infty} dx e^{-ax^2+\mathrm{i}bx} = \sqrt{\frac{\pi}{a}}\,e^{-b^2/4a}$, $\quad a>0$, b reales.

43. CLEBSCH-GORDAN COEFFICIENTS, SPHERICAL HARMONICS, AND d FUNCTIONS

Note: A square-root sign is to be understood over *every* coefficient, *e.g.*, for $-8/15$ read $-\sqrt{8/15}$.

Notation:

m_1 m_2	J J … / M M …
m_1 m_2 ⋮ ⋮	Coefficients

$$Y_1^0 = \sqrt{\frac{3}{4\pi}}\cos\theta$$

$$Y_1^1 = -\sqrt{\frac{3}{8\pi}}\sin\theta\, e^{i\phi}$$

$$Y_2^0 = \sqrt{\frac{5}{4\pi}}\Big(\frac{3}{2}\cos^2\theta - \frac{1}{2}\Big)$$

$$Y_2^1 = -\sqrt{\frac{15}{8\pi}}\sin\theta\cos\theta\, e^{i\phi}$$

$$Y_2^2 = \frac{1}{4}\sqrt{\frac{15}{2\pi}}\sin^2\theta\, e^{2i\phi}$$

$$Y_\ell^{-m} = (-1)^m Y_\ell^{m*}$$

$$d^\ell_{m,0} = \sqrt{\frac{4\pi}{2\ell+1}}\, Y_\ell^m\, e^{-im\phi}$$

$$\langle j_1 j_2 m_1 m_2 | j_1 j_2 J M\rangle = (-1)^{J-j_1-j_2}\langle j_2 j_1 m_2 m_1 | j_2 j_1 J M\rangle$$

1/2×1/2

m_1	m_2	$J=1$, $M=+1$
+1/2	+1/2	1

m_1	m_2	$J=1$, $M=0$	$J=0$, $M=0$
+1/2	−1/2	1/2	1/2
−1/2	+1/2	1/2	−1/2

m_1	m_2	$J=1$, $M=-1$
−1/2	−1/2	1

1×1/2

m_1	m_2	$J=3/2$, $M=+3/2$
+1	+1/2	1

m_1	m_2	$J=3/2$, $M=+1/2$	$J=1/2$, $M=+1/2$
+1	−1/2	1/3	2/3
0	+1/2	2/3	−1/3

m_1	m_2	$J=3/2$, $M=-1/2$	$J=1/2$, $M=-1/2$
0	−1/2	2/3	1/3
−1	+1/2	1/3	−2/3

m_1	m_2	$J=3/2$, $M=-3/2$
−1	−1/2	1

2×1/2

m_1	m_2	$J=5/2$, $M=+5/2$
+2	+1/2	1

m_1	m_2	$J=5/2$, $M=+3/2$	$J=3/2$, $M=+3/2$
+2	−1/2	1/5	4/5
+1	+1/2	4/5	−1/5

m_1	m_2	$J=5/2$, $M=+1/2$	$J=3/2$, $M=+1/2$
+1	−1/2	2/5	3/5
0	+1/2	3/5	−2/5

m_1	m_2	$J=5/2$, $M=-1/2$	$J=3/2$, $M=-1/2$
0	−1/2	3/5	2/5
−1	+1/2	2/5	−3/5

m_1	m_2	$J=5/2$, $M=-3/2$	$J=3/2$, $M=-3/2$
−1	−1/2	4/5	1/5
−2	+1/2	1/5	−4/5

m_1	m_2	$J=5/2$, $M=-5/2$
−2	−1/2	1

3/2×1/2

m_1	m_2	$J=2$, $M=+2$
+3/2	+1/2	1

m_1	m_2	$J=2$, $M=+1$	$J=1$, $M=+1$
+3/2	−1/2	1/4	3/4
+1/2	+1/2	3/4	−1/4

m_1	m_2	$J=2$, $M=0$	$J=1$, $M=0$
+1/2	−1/2	1/2	1/2
−1/2	+1/2	1/2	−1/2

m_1	m_2	$J=2$, $M=-1$	$J=1$, $M=-1$
−1/2	−1/2	3/4	1/4
−3/2	+1/2	1/4	−3/4

m_1	m_2	$J=2$, $M=-2$
−3/2	−1/2	1

2×1

m_1	m_2	$J=3$, $M=+3$
+2	+1	1

m_1	m_2	$J=3$, $M=+2$	$J=2$, $M=+2$
+2	0	1/3	2/3
+1	+1	2/3	−1/3

m_1	m_2	$J=3$, $M=+1$	$J=2$, $M=+1$	$J=1$, $M=+1$
+2	−1	1/15	1/3	3/5
+1	0	8/15	1/6	−3/10
0	+1	2/5	−1/2	1/10

m_1	m_2	$J=3$, $M=0$	$J=2$, $M=0$	$J=1$, $M=0$
+1	−1	1/5	1/2	3/10
0	0	3/5	0	−2/5
−1	+1	1/5	−1/2	3/10

m_1	m_2	$J=3$, $M=-1$	$J=2$, $M=-1$	$J=1$, $M=-1$
0	−1	2/5	1/2	1/10
−1	0	8/15	−1/6	−3/10
−2	+1	1/15	−1/3	3/5

m_1	m_2	$J=3$, $M=-2$	$J=2$, $M=-2$
−1	−1	2/3	1/3
−2	0	1/3	−2/3

m_1	m_2	$J=3$, $M=-3$
−2	−1	1

1×1

m_1	m_2	$J=2$, $M=+2$
+1	+1	1

m_1	m_2	$J=2$, $M=+1$	$J=1$, $M=+1$
+1	0	1/2	1/2
0	+1	1/2	−1/2

m_1	m_2	$J=2$, $M=0$	$J=1$, $M=0$	$J=0$, $M=0$
+1	−1	1/6	1/2	1/3
0	0	2/3	0	−1/3
−1	+1	1/6	−1/2	1/3

m_1	m_2	$J=2$, $M=-1$	$J=1$, $M=-1$
0	−1	1/2	1/2
−1	0	1/2	−1/2

m_1	m_2	$J=2$, $M=-2$
−1	−1	1

3/2×1

m_1	m_2	$J=5/2$, $M=+5/2$
+3/2	+1	1

m_1	m_2	$J=5/2$, $M=+3/2$	$J=3/2$, $M=+3/2$
+3/2	0	2/5	3/5
+1/2	+1	3/5	−2/5

m_1	m_2	$J=5/2$, $M=+1/2$	$J=3/2$, $M=+1/2$	$J=1/2$, $M=+1/2$
+3/2	−1	1/10	2/5	1/2
+1/2	0	3/5	1/15	−1/3
−1/2	+1	3/10	−8/15	1/6

m_1	m_2	$J=5/2$, $M=-1/2$	$J=3/2$, $M=-1/2$	$J=1/2$, $M=-1/2$
+1/2	−1	3/10	8/15	1/6
−1/2	0	3/5	−1/15	−1/3
−3/2	+1	1/10	−2/5	1/2

m_1	m_2	$J=5/2$, $M=-3/2$	$J=3/2$, $M=-3/2$
−1/2	−1	3/5	2/5
−3/2	0	2/5	−3/5

m_1	m_2	$J=5/2$, $M=-5/2$
−3/2	−1	1

$$d^j_{m',m} = (-1)^{m-m'} d^j_{m,m'} = d^j_{-m,-m'}$$

$$d^1_{0,0} = \cos\theta \qquad d^{1/2}_{1/2,1/2} = \cos\frac{\theta}{2} \qquad d^1_{1,1} = \frac{1+\cos\theta}{2}$$

$$d^{1/2}_{1/2,-1/2} = -\sin\frac{\theta}{2} \qquad d^1_{1,0} = -\frac{\sin\theta}{\sqrt{2}}$$

$$d^1_{1,-1} = \frac{1-\cos\theta}{2}$$

2×3/2

m_1	m_2	$J=7/2$, $M=+7/2$
+2	+3/2	1

m_1	m_2	$J=7/2$, $M=+5/2$	$J=5/2$, $M=+5/2$
+2	+1/2	3/7	4/7
+1	+3/2	4/7	−3/7

m_1	m_2	$J=7/2$, $M=+3/2$	$J=5/2$, $M=+3/2$	$J=3/2$, $M=+3/2$
+2	−1/2	1/7	16/35	2/5
+1	+1/2	4/7	1/35	−2/5
0	+3/2	2/7	−18/35	1/5

m_1	m_2	$J=7/2$, $M=+1/2$	$J=5/2$, $M=+1/2$	$J=3/2$, $M=+1/2$	$J=1/2$, $M=+1/2$
+2	−3/2	1/35	6/35	2/5	2/5
+1	−1/2	12/35	5/14	0	−3/10
0	+1/2	18/35	−3/35	−1/5	1/5
−1	+3/2	4/35	−27/70	2/5	−1/10

m_1	m_2	$J=7/2$, $M=-1/2$	$J=5/2$, $M=-1/2$	$J=3/2$, $M=-1/2$	$J=1/2$, $M=-1/2$
+1	−3/2	4/35	27/70	2/5	1/10
0	−1/2	18/35	3/35	−1/5	−1/5
−1	+1/2	12/35	−5/14	0	3/10
−2	+3/2	1/35	−6/35	2/5	−2/5

m_1	m_2	$J=7/2$, $M=-3/2$	$J=5/2$, $M=-3/2$	$J=3/2$, $M=-3/2$
0	−3/2	2/7	18/35	1/5
−1	−1/2	4/7	−1/35	−2/5
−2	+1/2	1/7	−16/35	2/5

m_1	m_2	$J=7/2$, $M=-5/2$	$J=5/2$, $M=-5/2$
−1	−3/2	4/7	3/7
−2	−1/2	3/7	−4/7

m_1	m_2	$J=7/2$, $M=-7/2$
−2	−3/2	1

3/2×3/2

m_1	m_2	$J=3$, $M=+3$
+3/2	+3/2	1

m_1	m_2	$J=3$, $M=+2$	$J=2$, $M=+2$
+3/2	+1/2	1/2	1/2
+1/2	+3/2	1/2	−1/2

m_1	m_2	$J=3$, $M=+1$	$J=2$, $M=+1$	$J=1$, $M=+1$
+3/2	−1/2	1/5	1/2	3/10
+1/2	+1/2	3/5	0	−2/5
−1/2	+3/2	1/5	−1/2	3/10

m_1	m_2	$J=3$, $M=0$	$J=2$, $M=0$	$J=1$, $M=0$	$J=0$, $M=0$
+3/2	−3/2	1/20	1/4	9/20	1/4
+1/2	−1/2	9/20	1/4	−1/20	−1/4
−1/2	+1/2	9/20	−1/4	−1/20	1/4
−3/2	+3/2	1/20	−1/4	9/20	−1/4

m_1	m_2	$J=3$, $M=-1$	$J=2$, $M=-1$	$J=1$, $M=-1$
+1/2	−3/2	1/5	1/2	3/10
−1/2	−1/2	3/5	0	−2/5
−3/2	+1/2	1/5	−1/2	3/10

m_1	m_2	$J=3$, $M=-2$	$J=2$, $M=-2$
−1/2	−3/2	1/2	1/2
−3/2	−1/2	1/2	−1/2

m_1	m_2	$J=3$, $M=-3$
−3/2	−3/2	1

2×2

m_1	m_2	$J=4$, $M=+4$
+2	+2	1

m_1	m_2	$J=4$, $M=+3$	$J=3$, $M=+3$
+2	+1	1/2	1/2
+1	+2	1/2	−1/2

m_1	m_2	$J=4$, $M=+2$	$J=3$, $M=+2$	$J=2$, $M=+2$
+2	0	3/14	1/2	2/7
+1	+1	4/7	0	−3/7
0	+2	3/14	−1/2	2/7

m_1	m_2	$J=4$, $M=+1$	$J=3$, $M=+1$	$J=2$, $M=+1$	$J=1$, $M=+1$
+2	−1	1/14	3/10	3/7	1/5
+1	0	3/7	1/5	−1/14	−3/10
0	+1	3/7	−1/5	−1/14	3/10
−1	+2	1/14	−3/10	3/7	−1/5

m_1	m_2	$J=4$, $M=0$	$J=3$, $M=0$	$J=2$, $M=0$	$J=1$, $M=0$	$J=0$, $M=0$
+2	−2	1/70	1/10	2/7	2/5	1/5
+1	−1	8/35	2/5	1/14	−1/10	−1/5
0	0	18/35	0	−2/7	0	1/5
−1	+1	8/35	−2/5	1/14	1/10	−1/5
−2	+2	1/70	−1/10	2/7	−2/5	1/5

m_1	m_2	$J=4$, $M=-1$	$J=3$, $M=-1$	$J=2$, $M=-1$	$J=1$, $M=-1$
+1	−2	1/14	3/10	3/7	1/5
0	−1	3/7	1/5	−1/14	−3/10
−1	0	3/7	−1/5	−1/14	3/10
−2	+1	1/14	−3/10	3/7	−1/5

m_1	m_2	$J=4$, $M=-2$	$J=3$, $M=-2$	$J=2$, $M=-2$
0	−2	3/14	1/2	2/7
−1	−1	4/7	0	−3/7
−2	0	3/14	−1/2	2/7

m_1	m_2	$J=4$, $M=-3$	$J=3$, $M=-3$
−1	−2	1/2	1/2
−2	−1	1/2	−1/2

m_1	m_2	$J=4$, $M=-4$
−2	−2	1

$$d^{3/2}_{3/2,3/2} = \frac{1+\cos\theta}{2}\cos\frac{\theta}{2}$$

$$d^{3/2}_{3/2,1/2} = -\sqrt{3}\frac{1+\cos\theta}{2}\sin\frac{\theta}{2} \qquad d^2_{2,2} = \Big(\frac{1+\cos\theta}{2}\Big)^2$$

$$d^{3/2}_{3/2,-1/2} = \sqrt{3}\frac{1-\cos\theta}{2}\cos\frac{\theta}{2} \qquad d^2_{2,1} = -\frac{1+\cos\theta}{2}\sin\theta$$

$$d^{3/2}_{3/2,-3/2} = -\frac{1-\cos\theta}{2}\sin\frac{\theta}{2} \qquad d^2_{2,0} = \frac{\sqrt{6}}{4}\sin^2\theta \qquad d^2_{1,1} = \frac{1+\cos\theta}{2}(2\cos\theta - 1)$$

$$d^{3/2}_{1/2,1/2} = \frac{3\cos\theta - 1}{2}\cos\frac{\theta}{2} \qquad d^2_{2,-1} = -\frac{1-\cos\theta}{2}\sin\theta \qquad d^2_{1,0} = -\sqrt{\frac{3}{2}}\sin\theta\cos\theta$$

$$d^{3/2}_{1/2,-1/2} = -\frac{3\cos\theta + 1}{2}\sin\frac{\theta}{2} \qquad d^2_{2,-2} = \Big(\frac{1-\cos\theta}{2}\Big)^2 \qquad d^2_{1,-1} = \frac{1-\cos\theta}{2}(2\cos\theta + 1) \qquad d^2_{0,0} = \Big(\frac{3}{2}\cos^2\theta - \frac{1}{2}\Big)$$

Figure 43.1: The sign convention is that of Wigner (*Group Theory*, Academic Press, New York, 1959), also used by Condon and Shortley (*The Theory of Atomic Spectra*, Cambridge Univ. Press, New York, 1953), Rose (*Elementary Theory of Angular Momentum*, Wiley, New York, 1957), and Cohen (*Tables of the Clebsch-Gordan Coefficients*, North American Rockwell Science Center, Thousand Oaks, Calif., 1974).